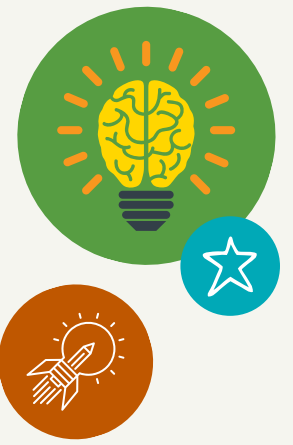


Developed by Shavonne Coleman  
Adapted from CAST UDL Guidelines 2021

# UNIVERSAL DESIGN FOR LEARNING



The UDL framework embraces Learner Variability. This means every student has different strengths & weaknesses and that there is no such thing as an average learner. Shape your learning environment and pedagogy with this in mind, every learner is unique and that each strength and weakness is an asset to your learning community.

Provide more way of learning to happen

Interested in learning about more resources? Click [HERE](#)



## UDL Provides Multiple Means of



**ENGAGEMENT**  
The **WHY** of Learning



**REPRESENTATION**  
The **WHAT** of Learning



**ACTION & EXPRESSIONS**  
The **HOW** of Learning

## What methods can I utilize in my Learning Environment?

### Recruiting Interest

Why learners get involved?

- Facilitate a student developed community through **peer-to-peer, collaborative, or service-learning**.
- Develop class **expectations or community agreements** with learners.
- Utilize topics and objectives **focusing** on student interests
- Invite students to bring in oral or visual narratives to make **connections** to course content
- Facilitate **student driven course design** allowing for student autonomy and agency
- Cultivate** student designed rubrics and assessments
- Create a Student-Centered **environment** through project-based learning or flipped classrooms

### Perception

What learners **utilize** to perceive course content

- Use **tools\*** like **Trello, Google Jamboard, FlipGrid, or Graph Builder** to vary the layout of information.
- Consider the **contrast** between background and text or image
- Remember **Google slides** and **Zoom** have closed captioning included
- Notify** students that you allow speech-to-text
- Provide **written transcripts** for videos or auditory clips
- Use **visual signs** or **tactile cues** for alerts or organization (i.e., who speaks next)
- Follow **accessibility standards** (NIMAS) when creating digital text. UDOIT can be a helpful tool when thinking about accessibility

### Physical Action

How learners **navigate/interact** with curriculum

- Provide **options** for students to physically interact with materials and content.
- Invite students to **engage** or respond to materials through the chat function, visual signals, or tools that employ voice commands or comments.
- Provide **alternate** keyboard commands, tablet/cell phone navigation for mouse action
- Consider only **requiring** software and apps that work with keyboard alternatives, alt keys, and multiple devices

## Sustaining Effort & Persistence



### WHY LEARNERS SUSTAIN FOCUS AND ATTENTION

**Scaffold your lesson (i.e., homework assignments are part of the midterm/final)**

Provide a range of expectations, and a range of possible resources that allows all learners to find challenges that are optimally motivating

**Weave in opportunities for mentoring through peers for small group or one-on-one support**

Create time and space to provide immediate, relevant, and constructive feedback

**Ensure there are opportunities for feedback to guide learners toward mastery rather than a fixed notion of performance or compliance**

## Expression & Communication

### HOW LEARNERS NAVIGATE/INTERACT WITH CURRICULUM

**Compose in multiple media such as text, speech, drawing, illustration, comics, storyboards, design, film, music, dance/movement, visual art, sculpture, or video.**

Use social media and interactive web tools (e.g., discussion forums, chats, web design, annotation tools, storyboards, comic strips, animation presentations)

**Solve problems using a variety of strategies.**

Provide options that give students the ability to complete assessments or evaluative assignments in differing approaches (e.g., written, podcast, graphic organizer, visual journal, etc.)

## Language & Symbols

### WHAT FORMS OF CONTENT PROVIDE ACCESS AND CLARITY TO CONTENT

**Use hyperlinks, illustrations, discussion, translations, etc. to support understanding of vocabulary and symbols. Pre-teach vocabulary and symbols, especially in ways that promote connection to the learners' experience and prior knowledge**

Use digital text with an accompanying human voice recording (e.g., Daisy Talking Books)

**Make all course content in the dominant language (e.g., English) also available in first languages (e.g., Spanish, American Sign Language, etc.)**

Present key concepts multiple forms of symbolic representation (e.g., an informational text or a math equation) with an alternative form (e.g., an illustration, dance/movement, diagram, physical or virtual manipulative, etc.)

## Self Regulation

**(Why learners maintain engagement and motivation)**

Ensure that learners have opportunities to set personal goals that can be realistically reached and align with course outcomes. (e.g., provide individual goal templates, success notes during class reflection, portfolio assessment)

Setup support systems so that learners are able to deal with frustration and avoid anxiety (e.g. virtual office hours, access to recorded assignment instructions, flexible deadline options.)

Utilize reminders, models, checklists, etc. assist learners in choosing and trying an adaptive strategy for managing and directing their emotional responses to external events

Explicit instruction and modeling in order to learn how to do this successfully

## Comprehension

**(What makes knowledge constructable and usable)**

Anchor instruction by linking to and activating relevant prior knowledge (e.g., using visual imagery, concept anchoring, or concept mastery routines)

Use advanced organizers (e.g., KW(P)L methods, concept maps)

Pre-teach critical prerequisite concepts through demonstration or models

Bridge concepts with relevant analogies and metaphors

Give explicit prompts for each step in a sequential process

Introduce graduated scaffolds that support information processing strategies

Provide multiple entry points to a lesson and optional pathways through content (e.g., exploring big ideas through dramatic works, arts and lit)

Prompt the use of mnemonic strategies and devices (e.g., visual imagery, paraphrasing strategies, method of loci, etc.)

Incorporate explicit opportunities for review and practice

Embed new ideas in familiar ideas and contexts (e.g., use of analogy, metaphor, drama, music, film, etc.)

## Executive Functions

**(How learners practice metacognition)**

Facilitate time in class where students discuss goal-setting as a class, in small groups, or in pairs such as student created community agreements or assignment rubrics

Set aside time in class for students to engage in planning and strategy development

Facilitate the process of students modifying strategies to support course objectives

Enhance the learner's capacity for monitoring progress through formative assessments, checklists, and learner identified needs.



### LEARN MORE:

[http://accessproject.colostate.edu/udl/modules/udl\\_introduction/udl\\_concise\\_intro.pdf](http://accessproject.colostate.edu/udl/modules/udl_introduction/udl_concise_intro.pdf)

[http://udloncampus.cast.org/page/udl\\_about](http://udloncampus.cast.org/page/udl_about)

<https://www.novakeducation.com/blog/what-is-udl-infographic>



### DOWNLOADS:

<https://udlguidelines.cast.org/more/downloads>

\*See UT's approved list of external apps here

